

# “First Do No Harm”: Doctor Fired for Helping Patients

Analysis by [Tessa Lena](#)

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## STORY AT-A-GLANCE

- › The story of Dr. John Day in Texas is an illustration of just how upside-down the medical establishment is today
- › All throughout the “COVID pandemic,” Dr. Day was serving his patients and doing his job with soul
- › Not only was he doing his job with soul — being the only one at his clinic who was actually treating COVID patients — he was also helping patients on his free time and volunteering at the clinic by growing a community garden
- › When the vaccine mandates were announced, Dr. Day declined the injection and also spoke up against the dehumanization of the “unvaccinated”
- › While, based on Abbot’s executive order, the clinic administration could not proceed with the plan of firing Dr. Day for declining the injection, he was none the less fired in October 2021 for “offending” people with his views and for helping a disabled patient in a wheelchair run a difficult errand, on his “off” day

## Summary

This story is about a caring and fearless family doctor in Texas, Dr. John Day, who was fired from his job for having a soul — and for not selling out to the robots. Recently, I had the joy of interviewing Dr. Day, and I was simply struck by his almost child-like purity and the warrior courage with which he stood his ground.

Dr. Day was serving his patients and actually “saving lives” all throughout the “COVID pandemic.” Early on, when appropriate, he prescribed hydroxychloroquine and ivermectin – and once he was forbidden from doing so by the clinic administration, he still found ways to help his patients using available treatments. When the vaccine mandates were announced, Dr. Day objected to the mandates and spoke against the dehumanization of the “unvaccinated.”

Being an all-around soulful, pure-hearted human being, he was also helping patients on his free time and volunteering by growing a community garden at the clinic. And it seems like, at some point, his pure-hearted, humble presence became just too uncomfortable for the functionaries and the administrators. Perhaps, his presences reminded them of the existence of the soul, something they didn’t want to look at. So they fired him.

It seems to me that they fired him so that their own cowardice would stop reflecting in the mirror of his selfless actions – so that their cowardice, in their own eyes, could pass for “just following orders.”

## **Who Is Dr. John Day?**

As I wrote on my [Substack](#), Dr. Day has “spent most of his career working in areas of medicine that are patient-focused and light on industry glamor, including in-patient psychiatry at a public hospital in Texas.”

In late 2019, he heard reports out of China and began to follow the “pandemic” story closely, especially any information he could find on available treatments. On a side note, in case anyone has forgotten, here is a 2005 [study](#), published on the NIH website, titled, “Chloroquine is a potent inhibitor of SARS coronavirus infection and spread.”

Anyway, in the thick of 2020, after researching Chloroquine and Hydroxychloroquine as potential treatments, Dr. Day started prescribing Hydroxychloroquine to the patients who he thought could benefit from it.

## Flashback to 2020

From the get-go, the situation was made difficult by the overall chaos. Many doctors were themselves scared, getting EKGs for patients (required to prescribe HCQ) was hard, COVID test results were taking forever to come back while HCQ needed to be prescribed early on (and frankly, as we know, the tests themselves were a joke – but they still needed to be used), etc.

Even so, in the midst of that chaos, Dr. Day was calmly doing what he could, and he was the only physician at the clinic actively treating COVID patients. However, soon enough, a lot of pressure was created from above to banish Hydroxychloroquine, and so was told by the clinic administrator to not prescribe it.

Then in August 2020, Dr. Day became familiar with the COVID protocol by [Professor Thomas Borody](#), an Australian gastroenterologist who had made a name for himself for developing an antibiotic protocol to treat [H. Pylori](#) (a bacterium, famously linked to stomach ulcers by Australians [Robin J. Warren and Barry J. Marshall](#)). Here a [press release](#), printed by NASDAQ.com, in August 2020:

*“SYDNEY, Aug 19, 2020 - (ACN Newswire) - - Triple therapy specialist Professor Thomas Borody, famous for curing peptic ulcers using a triple antibiotic therapy saving millions of lives, today released the COVID-19 treatment protocol to Australian GPs, who can legally prescribe it to their COVID-19 positive patients, and can also prescribe it as a preventative medication.*

*Borody says this could be the fastest and safest way to end the pandemic in Australia within 6-8 weeks.”*

Having learned about ivermectin’s potential healing effect on COVID patients, Dr. Day became one of the brave doctors in the U.S., actively using ivermectin to treat COVID. His patients were getting better, and he didn’t lose any.

But then, “in a Stalinesque manner,” he was forbidden by the clinic administration to prescribe not just HCQ but also ivermectin. “Dr. Day then came up with mostly over-the-

counter combinations that mimicked the medicines he could no longer prescribe to the patients for political (fascist?) reasons.”

Then, “when the mandates were announced, Dr. Day declined the injection and was scheduled to be fired – but then the plot got even thicker. In August 2021, Governor Abbot issued an [executive order](#) undermining vaccines mandates in Texas. Then, Dr. Day was [fired](#) for “cause,” namely, for helping a disabled patient, on his free time, get her stolen ID renewed at the DMV – and also for “offending” people by expressing his strong views on the mandates.”

“Dr. Day was fired by the administration on his ‘off’ day as he, in his gardening clothes, was planting vegetables in the clinic garden. His small victory was that the plan to fire him in secret, on the day when he wasn’t supposed to be there, didn’t work out. He walked into the office in his gardening clothes, and all his colleagues saw what happened.”

Remarkably, even though they so it, no one stood up for him. No one objected. Today, the hero doctor is dedicating his time to [blogging](#) and remodeling his house. Before I interviewed him, he was also interviewed by another hero doctor of our times, [Dr. Meryl Nass](#).

## About the Author

To find more of Tessa Lena's work, be sure to check out her bio, [Tessa Fights Robots](#).

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